

## Rekindle the *Magic* In Your Relationship



**Making Love Work**

**Anita Jackson**



## Rekindle the *Magic* In Your Relationship Making Love Work

“...the key is  
**Rekindling**  
your love...”

According to what you see and hear, if you are happily together for 2 years, you are doing well. However, it doesn't matter whether you've been together for 2 or 92 years the key is to Rekindle the Magic and make love work through becoming more aware, maintaining or developing self-esteem and finding the many ways to living your life in loving abundance.

Learn how ...

To avoid the pitfalls of everyday life

To focus differently in order to stay true to yourself

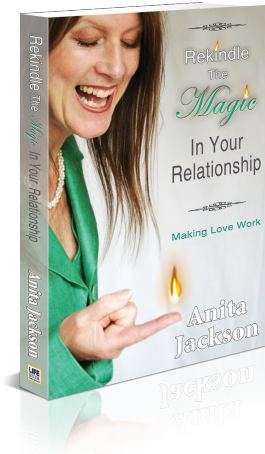
The small things such as exercise and nature can

help rekindle the magic in your relationship



Throughout this book you will discover:

“ **Your Biggest Defense:**  
**Your Attitude** ”



That you are 100% responsible for your life and how you feel!  
How to ‘drop the stick’ and do something different to enhance your relationship.

Having a wonderful relationship with you!

He/she is, so you are!

How to rekindle that excitement, fear and tension of the first date.

Resources: what you can do, where you can go, what you can buy.

“...holding the mirror up to yourself  
**and deciding**  
to make love work.”



## Anita Jackson

Anita obtained a Postgraduate Diploma in Psychosynthesis Counselling from the University of East London. She holds both a Teaching Certificate and Diploma in Imagework from the Skyros Institute. Anita is also a Certified Competent Toastmaster in public speaking and has achieved the Advanced Toastmaster Bronze Certificate. She is a Certified Reiki Master and has built an enviable reputation through her commitment to helping people fulfill their potential.



Because of her own experiences, beliefs and gratitude Anita wants to help others in the way she was helped. Anita says, “Everybody is a unique miracle, and is capable of achieving anything they want to. I feel that it is my moral obligation

to share with others something that I have derived great benefit from.” It was this sentiment that led Anita to form her own company in 1997, Sparkling Oasis, which now provides a number of unique and powerful services to individuals and groups, both personally and in the corporate world. A key area of expertise is in counselling and imagery but Anita’s skills in speaking, clairvoyance and healing follow close behind and are what make her so unique in the alternative world. Anita also draws on these skills and her life experience as an impressive, inspirational, empowering, motivational and spiritual public speaker and workshop leader. She is passionate about passing on what she has learned from her own life and what she has observed in others.





Anita believes that for a relationship to work, we must have a good enough relationship with ourselves. Sexual abuse marred her early relationships, the result of which Anita took into her 17-year marriage with her husband who brought his own life experiences. Having been a very shy teenager who threw herself into sport, music, dancing and a church group, Anita avoided the hurt and painful feelings as a result of her husband's infidelity by defending them with rage she had kept hidden all those years. Anita was reacting to her present situation like a child rather than responding as an adult. Her husband left the marriage when their children were three and five. Slowly she started to look at herself and her life and gradually started to change but not

without scaring her children into living with their father at 12 and 14. When Anita first came across the fact that she is 100% responsible for her life she learned that she is the person she is today because of her experiences in the past. Anita loves her life, family and many amazing friendships. She is grateful for her journey. Anita is passionate about being the best she can be and continues to learn grow and improve. Anita is inspired not only by those she studies with but by her clients, participants and audiences who show enormous strength and courage in their journeys.



# Blurbs

*“This is a must read book for anyone in or wanting a relationship. An invaluable book of insights on creating a working relationship. I find this book of great content and I would not do without it”*

Karen Zapp, author of *Turning Your Life ... Inside Out*

*“If you are serious about your relationship, the concepts in this book will blow you away.”*

Anne Woods, author of *Being Punkey*

*“Wow! What a revelation to find that I am responsible for making my relationship work for me. Thank you.”*

Margaret Walters, author of *The Cactus Generation*

*“Brilliant! An inspiring piece of writing, guaranteed to get you out of that rut and rethink your relationship. Full of ideas to set your relationship back on track.”*

Dr. Anil Agarwal, author of *Solutions for your Healthy Smile*



For Immediate Release

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## Finally, Making Your Relationship Work for you! Hot new book to inspire you to take responsibility

In Anita Jackson's new book, "Rekindle The Magic In Your Relationship! Making Love Work" everything is laid out to inspire and empower the reader to rethink and develop a wonderful and loving abundant relationship. Today there are many unhappy relationships that are ending in separation and divorce where the couple still loves one another. Communicate effectively – He Said/She Said and Gratitude. These are just two of the pertinent topics in "Rekindle The Magic In Your Relationship! Making Love Work".

As... stated, "Wow! What a revelation to find that I am responsible for making my relationship work for me. Thank you." Jackson blends what she has learned from clients and her life, including her marriage with some ideas of how and what you can do to rekindle your relationship. The result is the understanding that you may already be doing some or all of these.

Jackson will guide you through the importance of how:

- You can avoid the pitfalls of everyday life
- You can focus differently in order to stay true to yourself
- The small things such as exercise and nature can help rekindle the magic in your relationship

# *Make Love Work!*



# Release

In “Rekindle The Magic In Your Relationship” Jackson places her life experience of her 58 years, especially her 17-year marriage and her 10 years as a counsellor/psychotherapist into the consumer’s hands. Jackson is a specialist in helping people address their relationship issues and understands how scary it can be to take responsibility and to do something different.

By following Jackson’s guidance, everyone can make love work.

Further information on Anita is at [www.rekindlethemagic.com](http://www.rekindlethemagic.com)

To schedule a consultation or request a copy of the book, contact:

Anita Jackson at **0208 440 0495**

Photos available.

*By following Jacksons Guidance,  
everyone can*

*Make Love Work!*





# Contact

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